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## Resources for Parents

This past week Humanity United saw the African proverb “it takes a village to raise a child” come to life as we collectively developed a list of resources for parents working from home with children. Thank you to everyone who contributed to this list over the last few days – we anticipate it will continue to grow over the coming weeks.

### Community Resources

[School Closures](#) – Information for families during COVID-19 school closures

### Tips for Working From Home

[How to Survive Working From Home – With Kids](#) (The Root) – Five important tips and tricks for working at home with kids.

[How to Work From Home with Kids Around](#) (Poynter.) – Tips collected from parents who regularly work from home with kids. The tips are divided into different age groups: babies, toddlers, early school-aged, elementary schoolers, middle schoolers, and teenagers.

[Best Tech Tools for You to Work From Home and the Kids too](#) (Fox News) – Existing tech tools make it possible for many aspects of our daily lives to go on despite the crisis.

[Welcome to Camp "Stuck-at-Home"](#) (LinkedIn) – Making the abrupt transition from Parent to Camp Counselor in the Era of COVID-19.

### Helping Kids Understand Coronavirus & Cope

[Just For Kids: A Comic Exploring The New Coronavirus](#) (NPR) - A comic for kids based on a radio story that NPR education reporter Cory Turner did. Cory asked some experts what kids might want to know about the new coronavirus and NPR used his interviews to create the comic.

[Schools Are Closing for Coronavirus. Now What?](#) (New York Times – Parenting) – Key takeaways that can help parents and their children navigate this new reality.

[The Big Sickness](#) (Google Slides) – Explaining COVID-19 to little kids.

[Kimochis](#) – a social emotional learning program designed to give children the knowledge, skills, and attitudes they need to recognize and manage their emotions, demonstrate caring and concerns for others, and establish positive relationships in order to make responsible decisions to handle challenging situations constructively.

**Online Activities for Kids**

[Free, Online Learning Resources When Coronavirus Closes Schools](#) (CATO Institute) – There are numerous online learning resources that families can take advantage of, including many that are free.

[Amazing Educational Resources](#) (Public Facebook Group) – An educator community to share the good, bad, and ugly about the many teacher resources on the internet.

[Virtual Field Trips](#) (Google Doc from Mrs. Fahrney) – Travel to various destinations around the world from the San Diego Zoo to Mars to The Louvre with virtual tours and camera feeds.

[Scholastic Learn at Home](#) – Scholastic is releasing free daily courses for kids stuck at home amid the coronavirus school closures. The website provides up to three hours-worth of content each day and can be complete on any device.

[Handwriting Without Tears](#) – A resource for children learning to write. Handwriting Without Tears uses multisensory strategies to increase success with early writing skills for students grades K-5.

[Kanopy Kids](#) – Parents can browse educational and engaging videos for children of all ages that promote positive social and emotional development and inspire creativity in the young minds. Kanopy and Kanopy Kids is a free service through your public library.

[Lunch Doodles with Mo Willems](#) (Kennedy Center Education Artist-in-Residence) – Learners worldwide can draw, doodle, and explore new ways of writing by visiting Mo’s studio virtually once a day for the next few weeks.

[Free Coloring Books from 113 Museums](#) (Open Culture) – Download free coloring books from 113 museums.

**Activity Lists for Families**

[Giant List of Ideas for Being Home with Kids](#) (Google Doc) – List of ideas started by Princess Awesome & Boy Wonder Community for actual quarantine, school closures, weekend social distancing, or really anytime.

[Hands on Activities to do with your Kids](#) (Hands On As We Grow) – simple, hands-on activities that help you create magical moments with your kids. You'll find crafts, art projects, gross motor activities, and fine motor activities.

[COVID-19 Social Distancing with Kids: What to Do & Where to Go](#) (510 Families) – List of resources and tips to help East Bay families.

### **Educational Websites**

#### Math Emphasis

- [www.coolmath4kids.com](http://www.coolmath4kids.com)
- [www.mathplayground.com](http://www.mathplayground.com)
- [www.funbrain.com](http://www.funbrain.com)
- [www.playkidsgames.com](http://www.playkidsgames.com)
- [www.aplusmath.com](http://www.aplusmath.com)
- [www.mathblaster.com](http://www.mathblaster.com)
- [www.fun4thebrain.com](http://www.fun4thebrain.com)
- [www.factmonster.com](http://www.factmonster.com)
- [www.lickitysplitlearning.com/free-online-math-fact-game.html](http://www.lickitysplitlearning.com/free-online-math-fact-game.html)
- [www.kidsnumbers.com](http://www.kidsnumbers.com)
- [www.mathcats.com](http://www.mathcats.com)

#### Reading/Phonics Emphasis

- [www.starfall.com](http://www.starfall.com)
- [www.abcfastphonics.com](http://www.abcfastphonics.com)
- [www.funenglishgames.com](http://www.funenglishgames.com)
- [www.bookadventure.com](http://www.bookadventure.com)
- [www.pitara.com](http://www.pitara.com)
- [www.eduplace.com](http://www.eduplace.com)
- [www.mightybook.com](http://www.mightybook.com)
- [www.leadingtoreading.org](http://www.leadingtoreading.org)
- [www.roythezebra.com](http://www.roythezebra.com)
- [www.storylineonline.com](http://www.storylineonline.com)
- [www.pbskids.org](http://www.pbskids.org)
- [www.kids.nationalgeographic.com/kids](http://www.kids.nationalgeographic.com/kids)
- [www.smories.com](http://www.smories.com)
- [www.thekidzpage.com](http://www.thekidzpage.com)

#### Just for Fun

- [www.puzzlemaker.discoveryeducation.com](http://www.puzzlemaker.discoveryeducation.com)
- [www.artprojectsforkids.org](http://www.artprojectsforkids.org)
- [www.familyfun.go.com/crafts](http://www.familyfun.go.com/crafts)
- [www.kinderart.com](http://www.kinderart.com)
- [www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)
- [www.scholasticnews.com](http://www.scholasticnews.com)
- [www.sikids.com](http://www.sikids.com)
- [www.rangerrick.com](http://www.rangerrick.com)
- [www.timeforkids.com](http://www.timeforkids.com)
- [www.yahookids.com](http://www.yahookids.com)

### **Apps for Tablets**

- Bugs and Numbers
- Squeebles
- Math Bingo
- Squeebles Addition and Subtraction
- Math Drills
- Pop Math
- My Math Flash Cards app
- Rocket Math
- 1<sup>st</sup> Grade Math Splash
- Teach Me Second Grade
- Math Splash Bingo
- Drill Math Word Problems
- Adventure Basic School Math
- Math Blaster Online
- Math Workout
- Mystery Math Town
- Number League
- Sums Stacker

**25 Non-screen Activities you can do at home (Pobble):**

1. How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list! “Learning from home is fun”
2. Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.
3. Get building. You could build a Lego model, a tower of playing cards, or something else.
4. Can you create your own secret code? You could use letters, numbers, pictures, or something else. Can you get someone else to try and crack it?
5. Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?
6. Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?
7. Build a reading den. Find somewhere cozy, snuggle up and read your favorite book.
8. Use an old sock to create a puppet. Can you put on a puppet show for someone?
9. Make a list of all the electric items in each room of your home. Can you come up with any ideas to use less electricity?
10. Design and make a homemade board game and play it with your family.
11. Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?
12. Can you create a story bag? Find a bag and collect items to in it that relate to a well-known story. If you can't find an item, you could draw a picture to include.
13. List making! Write a list of things that make you happy, things you're grateful for, or things you are good at.
14. Design and make an obstacle course at home or in the garden. How fast can you complete it?

15. Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.
16. Keep moving! Make up a dance routine to your favorite song.
17. Write a play script. Can you act it out to other people?
18. Read out loud to someone. Remember to read with expression.
19. Write a song or rap about your favorite subject.
20. Get sketching! Find a photograph or picture of a person, place or object and sketch it.
21. Junk modelling! Collect and recycle materials such as yogurt containers, toilet paper rolls, and boxes and see what you can create with them.
22. Draw a map of your local area and highlight interesting landmarks.
23. Write a postcard to your teacher. Can you tell them what you like most about their class?
24. Draw a view. Look out of your window and draw what you see.
25. Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?