



Early Childhood Education Series

TOPIC: *Developing Executive Functioning Skills*

Below are reflective questions to supplement the HAIS video on the importance of play and inquiry in early childhood classrooms.

1. Why is it important to address executive function skills during early childhood education?
2. What is working memory?
3. How might you design an activity that could help children develop their working memory?
4. Describe how this activity engages children's working memory.
5. What is inhibitory control?
6. How might you design an activity that would help children develop their inhibitory control?
7. Describe how this activity engages children's inhibitory control.
8. What is cognitive flexibility?
9. How might you design an activity that would help children develop their cognitive flexibility?
10. Describe how this activity engages children's cognitive flexibility.